Name: ______________________________________________________

Phone Number: _______________________________________________

Email Address: ________________________________________________

Professional Society/School: ________________________________

T-Shirt Size (Circle one): S, M, L, XL

Volunteer Opportunities (May check more than one):

NOTE: ALL END TIMES ARE APPROXIMATE. RUNNERS WILL BEING REGISTRATION AT 7AM.

☐ ALL MORNING [6:30 am to 11:00 am]
   [Assist with different tasks throughout the morning]

☐ SETUP [6:30 am to 9:00 am]
   [Setup tables. Help check in volunteers. Setup signs along the route. Set up for after race.]

☐ WATER STATIONS [6:30 am to 10:30 am]
   [Station at a designated water station during race. Fill up the water cups.]

☐ COURSE GUIDE [6:30 am to 10:30 am]
   [Station along the course to direct runners as needed.]

☐ 1-K VOLUNTEERS [6:30 am to 10:30 am]
   [Run/Walk with the 1-K runners to ensure our young runners stay on track]

☐ FINISH LINE [8:00 am to 10:30 am]
   [At the finish line to greet runners as they finish, hand out ribbons pies]

☐ CLEAN UP [9:30 am to 11:00 am]
   [Help remove any signs and other clean up tasks]

Please return this form to Suzanna Set [sset@midtownengineers.com] by Friday, 2/1/2019.

Questions?

General: Tara Panye [tpayne@mcmanusjohnson.com]

Volunteers: Suzanna Set [sset@midtownengineers.com]
Date: Saturday, February 16, 2019

Time: 6:30 AM – 11:00 AM

Location: MacGregor Park, [5225 Calhoun Rd Houston, TX 77021]